

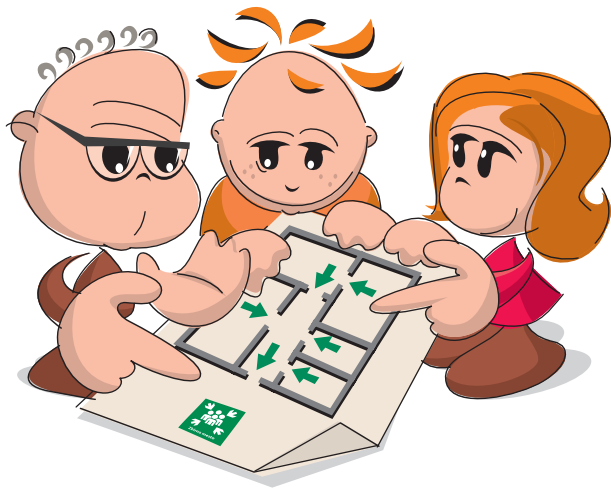
Earthquake!

What to do



Earthquakes can neither be predicted nor prevented. However, you and your parents and teachers can prepare for them in advance.

What to do before an earthquake

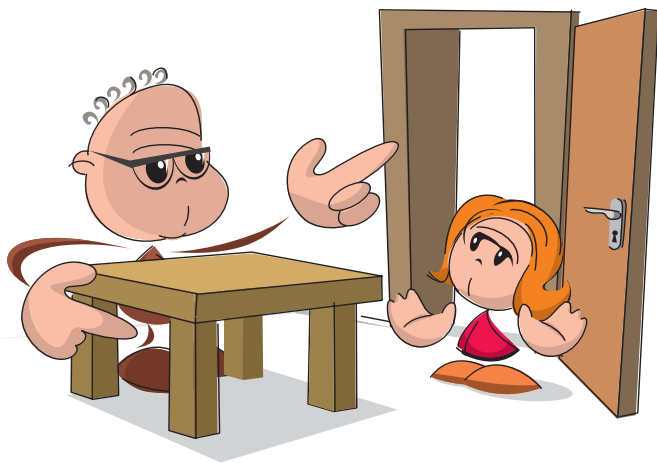


Talk to your parents and teachers about how to properly prepare for an earthquake, how to behave during an earthquake, and what to do after it.

Together with your parents, develop an evacuation plan of your apartment and designate an outdoor point.



Any object that can fall off a wall, turn over, or fall off a shelf or ceiling during an earthquake represents an earthquake hazard.



Find safe places with your parents and teachers at home and at school.

At school, take part in an earthquake readiness exercise where you will learn about the procedure »On the ground, in the shelter, wait!«



Get acquainted with the 112 number.

What to do during an earthquake

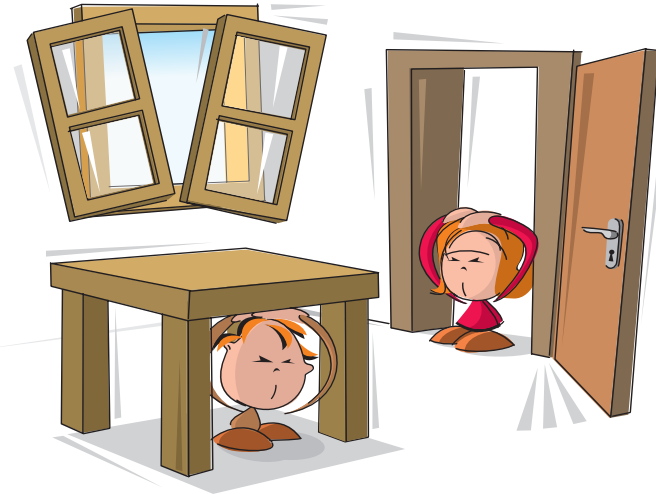
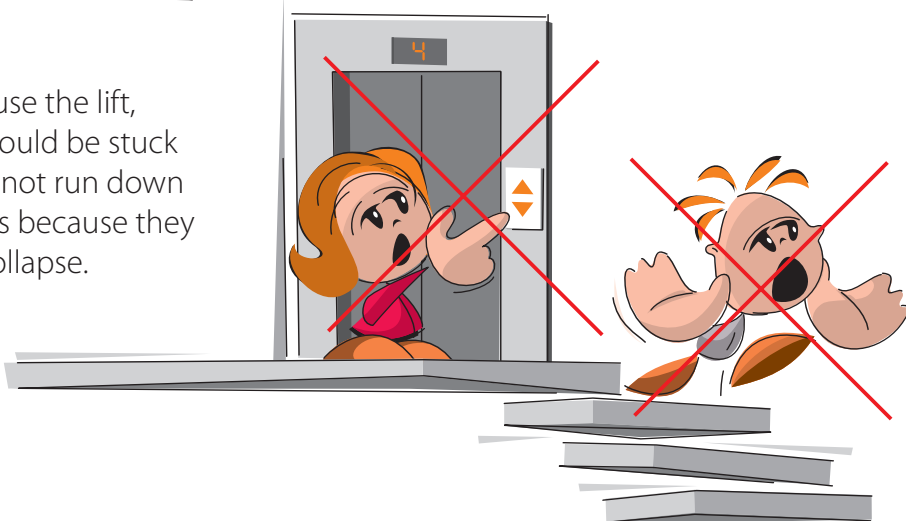
Try to stay calm during an earthquake and listen to the instructions of your parents or teachers.

Do not leave the building as you may be injured by falling objects.

Never jump out of the window!



Do not use the lift, as you could be stuck in it. Do not run down the stairs because they could collapse.



Move to the closest safe place: crouch under a solid desk; stand under a door frame in a load-bearing wall, or in a corner next to the interior load-bearing wall of the room. Move away from glass surfaces and objects that could fall on you. Protect your head with your hands.

Do not search for or rescue toys and pets during an earthquake, but save yourself.



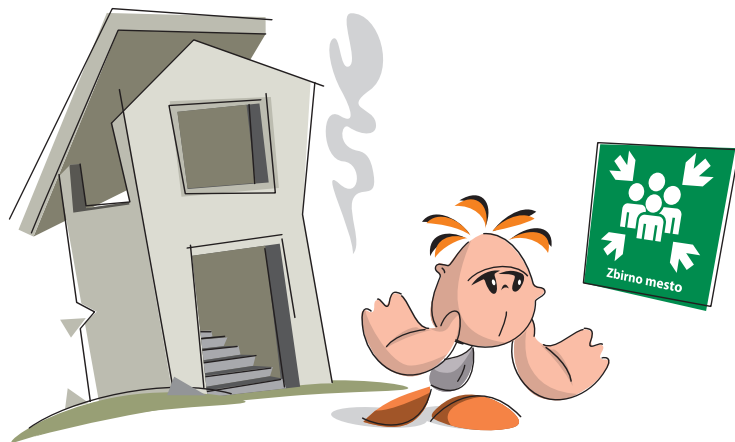
If you are outdoors, move away from buildings, electric wires, poles, billboards, and other hazards.

What to do after an earthquake

An earthquake can be followed by aftershocks. If they occur, take the same actions as for an earthquake.

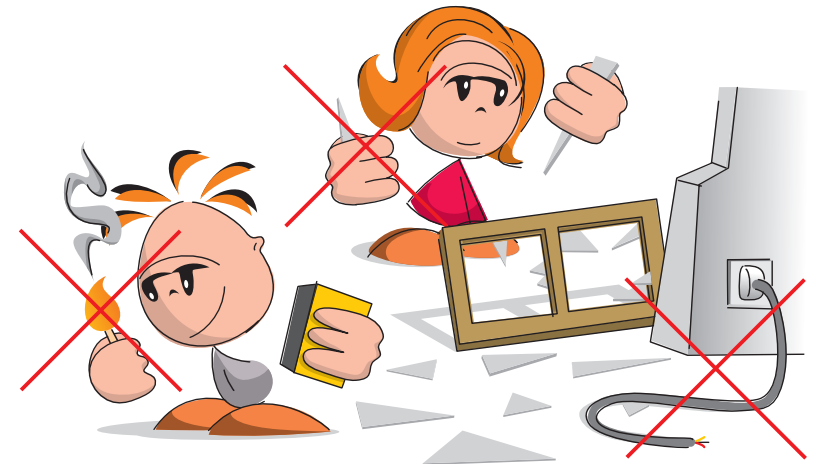
Stay calm.
Listen to and follow the instructions of your parents or teachers.

If you can, carefully leave the building, without using a lift, and go to an assembly point.



If you are home alone, think about the earthquake instructions you received from your parents and follow them.

Stay away from electric wiring and broken glass. Do not light matches, candles or other flammable things.



If you are trapped in rubble, stay calm. If it is dusty, cover your mouth and nose with a tissue or a piece of clothing. Save your energy. Alert rescuers to where you are by striking a hard object against a metal installation or wall at regular intervals.



Since telephone lines will be overloaded after the earthquake, do not call your relatives, but send them an SMS instead.





Emergency call 112

Do not be afraid of an earthquake, because you are well prepared for it and so are the rescuers who will respond to your call for help!

You can call or send an SMS to the 112 emergency number if:

you need the assistance of firefighters, emergency medical assistance, other emergency services, or the Police. In all EU countries, you can call 112 free from a landline or mobile phone (even if your account is empty).

Do not call 112 unless it is really necessary, as someone else may need it more than you at that time. In the event of a major earthquake, the telephone network could be overloaded and may not work.

When calling 112, please say:

- **WHO** is calling;
- **WHAT** has happened;
- **WHERE** it happened;
- **HOW MANY** people are injured;
- What the **INJURIES** are;
- What the **CIRCUMSTANCES** at the scene of the emergency are;
- What kind of **ASSISTANCE** you need.

Further information can be found at:

- www.gov.si



Issued and published by: Ministry of Defence of the Republic of Slovenia, Administration of the Republic of Slovenia for Civil Protection and Disaster Relief. The content of this publication has been developed based on the results of the research project "POTROG: Seismic threat in Slovenia for the needs of civil protection". Project provided by: The Slovenian National Building and Civil Engineering Institute (ZAG), the Slovenian Environment Agency (ARSO), and the Water Science Institute. Illustrated and designed by: Studio Ajd, d.o.o. Translated and proofread by: The School of Foreign Languages of the Slovenian Armed Forces. The translation and design funded by European Union Civil Protection Mechanism within the #SIQUAKE2020 project. Impression: electronic version. Ljubljana, 2021.